



OlioVitali since 1950 - Health & Culture - Newsletter N. 10 / 2014

IN THIS NEWSLETTER:

Olive Oil against Alzheimer's

A component contained in extra virgin olive oil seems to not only reduce the risk of developing Alzheimer's disease, but it is also active against amyloid plaques that invade the brain.



Published in the journal ACS Chemical Neuroscience, the study conducted by Dr. Amal Kaddoumi and colleagues at the University of Louisiana shows how some components of olive oil are able to push out from the brain amyloid beta protein. These proteins are associated with Alzheimer's disease. Although in the past the various virtues of Extra Virgin Olive Oil have been attributed by numerous studies to the presence of monounsaturated fats, the new study puts the spotlight on a substance called "oleocantale" - which is responsible for the "spicy" taste of the oil. This substance, according to scientists, would act as protective against nerve cells from damage caused by Alzheimer's disease.

The most common fraud is to mix 95% of odorless oil and / or

PHOTO GALLERY:

Healthy life is...



100%
Made in Italy

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Il Frantoio Snc
Via Porta Marina, 46
63825 Monterubbiano - FM-
Italy
Tel/fax +39 0734 59134

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info@oliovitali.com

lamp oil with 5% extra virgin olive oil and sell to the final consumer this mix as extra virgin olive oil at a price lower than the cost of production of true extra virgin olive oil.

www.olioitali.com

When the final consumer find in the market an extra virgin olive that cost less than the cost of production have to ask him/her self... "what am i buying?"

Olio Vitali, vivere sani!

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